

Feel good... for life!

August / September 2019



Do you feel like fall is the **START OF A "NEW YEAR"?**

Many do as it's the start of new school year for kids, often the starting of a new job for college grads or just getting back into a regular routine after the summer holidays.

While routines are good, do you sometimes

feel that work and school pressures tend to push you further than you'd like to go?

We have products you may find helpful because they support your body and brain while dealing with back to school/routine stresses.

TRY OUR ULTIMATE ANTI-STRESS: a complete formula that supports memory, rejuvenation and sleep. It helps calm and combats nervousness.

KINDERVITAL:

A vitamin and herbal elixir for growing kids.



MACROGEST:

Helps with digestion which can be affected during stressful times.



MARINE DHA (VEGAN OMEGA 3):

Studies have found this may help with brain health, ADHD and inflammation.



These products are all on SALE. Come and see us for any of these or the many other products that we know will help you "Feel good... for life"!

Our staff are part of our Homesteader family, and we view our guests as members of our community. So, stop by our store – our passionate team is ready to assist you on your journey towards health and wellness.

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We have some great sales
for you to stock up on wholesome, healthy
and great tasting food for the new school year.



Nature's Path Eco Pack Cereals

Organic whole grain

30% OFF



Silver Hills Sprouted Grain Bread

Easier to digest and
made in BC.

UP TO **30% OFF**



Eden Canned Whole Organic Beans

Great in salads,
wraps, chilli

20% OFF



Made Good Organic Granola Bars & Crispy Squares

Great for lunches
or snacks

30% OFF



ON THE HOUSEKEEPING FRONT:

Check out our SEVENTH GENERATION Laundry and Dish Cleaning
Products, made from essential oils **NOW 30% OFF**

You will find full disclosure of all ingredients on the label

**Thank you for shopping with us! We appreciate you
and we want you to "feel good... for life"! Happy Fall!**